

Megan Whitney (she/her) is a mindfulness coach, speaker, and fundraising consultant who believes that making a difference in the world doesn't need to come at expense of rest and joy.

Megan has spent 16 years in nonprofits, and she joined Feeding America in 2016. After spending three years on the Corporate Partnerships team, she now serves on the Network Fundraising Services team. Megan has the pleasure of collaborating with food bank teams to build fundraising capacity and engage in the Community-Centric Fundraising movement.

When many food bankers became first responders in 2020, Megan's passion for the power of mindfulness to advance equity and alleviate burnout led her to create a 300+ person Feeding America Network Mindfulness Community. She also supports network members in engaging in equity work as a member of the Feeding America Network EDI Advisory Committee.

Megan is trained in Presence-Based Coaching and is a certified Search Inside Yourself Organizational Teacher of mindfulness, emotional intelligence, and self-compassion tools.

In her [personal coaching practice](#), Megan specializes in helping women in nonprofits prevent and overcome burnout.